The first part of this paper is designated to discuss the affects of technology directly on people rather than the environment. This is a very broad topic which embodies many other controversial topics. Technology is a huge part of our everyday lives. It is almost impossible to go through the day without using a cell phone, driving a modern car, or using some synthetic material. These applications of science are supposed to make our lives better, easier, smarter, more efficient. However, at what point does better become unnatural, easier become lazier, smarter become less intellectual, and more efficient become destructive? It seems that every new technology has a negative setback, but in our modern day, these setbacks are starting to outweigh the advantages.

The first topic of discussion is McDonald’s, the golden arches. Parents find the easy fix for lunch; children laugh and celebrate over the delicious occasion; co-workers enjoy half hour lunches with convenience. These are advantages. What goes mostly overlooked, are the setbacks. Fast food is extremely unhealthy. Almost all fast food contains large amounts of fats and calories, not to mention that fast food doesn’t provide the necessary balance needed in a meal.[[1]](#footnote-1) Most fast food is affordable, and undoubtedly easy, but it is setting trends and habits in the people that are destructive.

1. "Fast Food Effects On Health." Home. Web. 05 May 2010. <http://healthfood-guide.com/fastfood.aspx> [↑](#footnote-ref-1)